



Japanese Karate Terms and Counting

Ichi	One
Ni	Two
San	Three
Shi	Four
Go	Five
Roku	Six
Shichi	Seven
Hachi	Eight
Ku	Nine
Ju	Ten
Arigato	Thank You
Bo	(Weapon) a long wooden staff
Dojo	Karate training hall
Form	See Kata
Gi	Karate Uniform
Hajime	Begin, Start
Kumite	Sparring
Karate	Empty Hand, Self Defense
Kata	A series of prearranged defensive and offensive movements symbolizing an imaginary fight between several opponents.
Kiai	A loud shout used to increase power, frighten an opponent and tense the stomach muscles.
Pinan	See Kata
Rei	Bow
Sai	(Weapon) a pair of iron sticks with u-shaped handles.
Sensei	Teacher or Master
Yame	Stop
Yoi	Ready